



Professional FDX Inspect

A comprehensive picture of overall health status

An advanced overview to understand the current status and future trends of your health

In-depth Health profile including

85+ biomarkers including DHEA-S, Homocysteine and inflammatory markers, iron status, cholesterol status, blood glucose management, liver and thyroid function plus essential vitamins and minerals.

Why Take a FDX Inspect Test?

Advanced blood tests can reveal an abundance of crucial information about your health. As well as recognising nutrient deficiencies, FDX Inspect measures key biomarkers which help identify trends for thyroid disease or diabetes, as well as liver health and cholesterol function. This test also provides a great general overview into assessment of energy, mood, digestive function, kidney status and much more.

The latest artificial intelligence combined with innovative laboratory blood analysis means that you can now gain unparalleled scientific insight into your current health status and predicted health trends. Based on these results, you can take steps to implement dietary, lifestyle or supplementation changes and take charge of your future health.

FDX Inspect is the test for you if:

- You are looking to discover more about your health status.
- You wish to understand more about the causes of your current symptoms.
- You wish to future proof your health

Key FDX Inspect Biomarkers include:

- **DHEA-Sulphate.** Primarily produced by the adrenal glands, DHEA-S is crucial for adrenal health and stress management. It is also the precursor to several sex hormones including Oestrogen and Testosterone.
- **Vitamin D3.** Crucial for long-term health as it's needed for healthy bones, muscles, and a strong immune system.
- **Homocysteine levels.** Elevated homocysteine levels may mean you have a vitamin deficiency, and without addressing elevated homocysteine increases your risks for dementia, heart disease and stroke.
- **HbA1C.** This test measures your average blood sugar levels over the past 90 days, which is approximately the lifespan of a red blood cell. Optimal HbA1c levels are linked to a lower risk of type 2 diabetes and heart disease, as well as longevity.
- **Liver Function.** The health of your liver is a good indicator of your long-term health. Poor liver health can lower your immunity and increase the inflammation in your body, therefore increasing your risk of chronic disease.
- **Lipid Function.** Lipids are various forms of fat in the body, including cholesterol types. Higher levels of low-density lipoprotein (LDL) are associated with an increased risk of heart attack.

Other key Biomarkers in this test:

CRP
Homocysteine
HsCRP
Free T3
Free T4
Ferritin
Total T3

Total T4
TSH
C Peptide
Estimated Average Glucose
Glucose
HBA1C
Insulin (fasting)

Gamma GT / GGT
DHEA-Sulphate
Serum Folate
Serum Magnesium
Vitamin D (25 OH)
Vitamin B12

Gain insight into your body's key biomarkers with advanced FDX technology, and optimise your future health

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