



# Professional

FunctionalDX

## Weight Aware

The Ultimate Assessment for your Weight Concerns

Unlock the secret to a healthy weight using comprehensive blood analysis...

### Weight Management Profile

110 biomarkers including: Homocysteine, liver, hormones, sex hormones, thyroid, blood sugar, vitamin, mineral and electrolytes imbalances, metabolic, toxicity & inflammatory markers.

### Why Take an FDX Weight Aware Test?

If you have been struggling with losing weight or keeping the pounds off, then why not reduce the guesswork with an AI based analysis of your blood results to help you achieve your weight goals?

Perhaps you are frustrated that no matter how much you diet or exercise, the weight just doesn't seem to shift. The truth is, your food choices, lack of willpower, or consistency at the gym are not solely to blame- your hormones play a role too! Cravings, hunger pangs or feelings of stress are all connected to hormones after all. When it comes to weight management, it is not 'one size fits all.' We all have a unique genetic make up which is why at FDX we believe in an individualised approach to health.

### Is Weight Aware for Me?

- Are you gaining weight and can't figure out the reason?
- Have you tried every diet under the sun but are not getting results?
- Are you concerned about future health risks associated with obesity such as heart disease, diabetes or cancer?

If the answer to any of the above questions is 'yes', then Weight Aware is the test for you.

The blood values which make up your unique body chemistry are analysed using advanced FDX algorithms, and our accurate reporting highlights imbalances to determine underlying causes. The great news is that based on these results, you can make dietary, lifestyle or supplementation changes to lose or manage your weight- with results more likely to be effective and sustainable.

### Key Thyroid Inspect Biomarkers include:

- **Homocysteine levels / Inflammatory Markers.** Elevated serum levels of C-Reactive Protein are associated with increased body weight.
- **Hormone & Sex Hormones.** The hormones leptin and insulin, sex hormones and growth hormone influence our appetite, metabolism and body fat distribution.
- **Thyroid and sugar.** Weight gain may signal low levels of thyroid hormones, a condition called hypothyroidism. Blood sugar plays an important role in maintaining steady energy levels, weight, and will also affect your appetite.
- **Liver Markers.** A healthy liver is crucial for efficient circulation, metabolism and fat breakdown.

### Other key Biomarkers in this test:

Active B12	Estradiol E2	Prolactin
Aluminium Serum	Fibrinogen	Selenium Serum
Apolipoprotein A1	Free t3	Sex Hormone Binding Globulin
Apolipoprotein B	Free t4	Testosterone Total
Ceruloplasmin	Fructosamine	Total T4
Copper Serum	Homocysteine	Total T3
Cortisol Serum am	IGF-1	TSH
Creatine Kinase	Lipoprotein (a)	
DHEA-sulphate	Parathyroid hormone	

Take Control of you Weight and Health Once and For All with FDX Weight Aware

[functionaldx.com](https://functionaldx.com)