



Professional FunctionalDX

# Femme Reset

The Essential Healthy Ageing Blood Test for Women

Take the first step today, for a healthier tomorrow...

## Female Healthy Ageing Profile

110+ biomarkers including comprehensive markers to assess blood sugar and lipid management implicit in the production of AGE products (advanced glycosylation end products), detoxification, inflammation, thyroid function, and oxidative stress.

## Why Take an FDX Femme Reset Test?

Life expectancy rates are higher than ever, however as the years go by, our risk of developing certain conditions can increase. Advanced blood testing, even if you have no symptoms, means that you can detect potential issues earlier and become proactive in staying healthier - for longer.

Combining artificial intelligence with advanced laboratory blood analysis, you can gain unparalleled scientific insight into your current health status and predicted health trends for your later years. Based on these results, you can take steps to implement dietary, lifestyle or supplementation changes and take charge of your future health.

## Femme Reset is suitable for you if:

- You would like a comprehensive review of your ageing status
- You want to know more about your health outlook and identify potential areas for ageing acceleration risk
- You have a condition which might compromise longevity and vitality in later years such as Diabetes, metabolic conditions, Osteoporosis, and cardiovascular disease
- You are interested in ageing well and wish to future proof your health and wellbeing
- You have a family history of ageing and degenerative conditions

This test is recommended for those over 45 years old, but it can be run at any age, especially if accelerated ageing is suspected.

## Femme Reset Biomarkers include:

- **Blood sugar and lipid management.** Advanced glycation end products (AGEs) are harmful compounds that are formed when protein or fat combine with sugar in the bloodstream. This process is called glycation. High levels can lead to oxidative stress and inflammation which over time can damage the cells in the body and increase the risk of disease.
- **Homocysteine.** Elevated homocysteine can lead to oxidative stress, which can damage cells, proteins, and DNA. This can contribute to ageing and may also play a role in development of a range of health conditions, including diabetes, cancer, and neurodegenerative diseases such as Alzheimer's.
- **Cholesterol.** As we age, cholesterol levels tend to climb, and a woman's risk goes up after she enters the menopause. High cholesterol levels in your blood can raise your risk for heart attacks and strokes.

## Key Biomarkers in this test:

Active B12	Ferritin	LH	Total T3
Apolipoprotein A1	Fibrinogen	Parathyroid hormone	Total T4
Apolipoprotein B1	Free t3	Progesterone	TSH
Ceruloplasmin	Free t4	Red cell Folate	Vitamin D3 (25 OH)
Copper serum	FSH	Magnesium red cell	
DHEA-sulphate	Homocysteine	Selenium serum	
Estradiol E2	Insulin (fasting)	Sex Hormone Binding Globulin	

The next step in future health intelligence.

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