



Professional FunctionalDX

Femme Ultra

The Ultimate Female Panel Blood Test

Improve your quality of life in several areas, based on just one test...

Women's Health Profile

110+ biomarkers including: Homocysteine, key minerals such as Zinc, Magnesium, Copper and Selenium, plus comprehensive markers to assess thyroid, blood sugar management and lipid function.

Why Take an FDX Femme Ultra Test?

Many of us lead busy lives these days, both professionally and privately, and it can often be quite the task to pay attention to your health too. Whilst there are some health concerns that affect both men and women, there are some conditions which are unique to, or more commonplace in women.

Thyroid issues, hormonal imbalances and iron deficiencies are more prevalent in women, and female fertility and menopause symptoms might be a concern too.

Femme Ultra is for you if:

- You are looking for a comprehensive review of your health status
- You wish to identify your areas of health dysfunction
- You have a specific condition or symptoms that require a thorough investigation
- You have a family history of heart, cholesterol, thyroid, kidney or liver concerns
- You feel as though you have low energy and fatigue

The blood values which make up your unique body chemistry are analysed using advanced FDX algorithms, and our accurate reporting highlights imbalances to determine underlying causes of symptoms you may be having – or to notice trends that suggest you are heading in the direction of a particular condition. The great news is that based on these results, you can make dietary, lifestyle or supplementation changes to feel full of health and vitality again.

Femme Ultra covers an array of Biomarkers including:

- **Homocysteine levels.** Elevated homocysteine levels may mean you have a vitamin deficiency, and without addressing elevated homocysteine increases your risks for dementia, heart disease and stroke.
- **Hormone & Sex Hormones.** An imbalance of progesterone and oestrogen has been linked to weight gain, insomnia, anxiety, cancer, uterine fibroids, ovarian cysts, and osteoporosis.
- **Blood sugar.** Blood sugar plays an important role in maintaining steady energy levels, weight, and will also affect your appetite.
- **Lipid Function.** Lipids are various forms of fat in the body, including cholesterol types. Higher levels of low-density lipoprotein (LDL) are associated with an increased risk of heart attack.

Key Biomarkers in this test:

Active B12	Estradiol E2	Insulin (fasting)	Testosterone Total
Aluminium serum	Ferritin	LH	Total T3
Apolipoprotein A1	Fibrinogen	Parathyroid hormone	Total T4
Apolipoprotein B1	Free t3	Prolactin	TSH
Copper serum	Free t4	Red Cell Folate	
Cortisol serum am	FSH	Magnesium red cell	
DHEA-sulphate	IGF-1	Sex Hormone Binding Globulin	

Identify health risks and take action early with FDX Femme Ultra

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