



Professional Man Inspect

FunctionalDX

A comprehensive check targeting male health issues

The ultimate men's health MOT to predict health trends and optimise wellbeing for the years ahead...

Male Health Profile Including Hormones

100+ biomarkers including hormones, homocysteine and fasting insulin, as well as comprehensive markers to assess functions including testosterone levels, liver function, blood sugar management, enzyme status, and cholesterol function.

Why Take an FDX Man Inspect Test?

Advanced blood tests can reveal an abundance of crucial information about a man's health. As well as recognising nutrient deficiencies, FDX Man Inspect measures your hormone levels to help identify trends for thyroid disease or diabetes, as well as liver health and cholesterol function. This check can also help you find out if you have healthy testosterone levels which relate to energy levels, libido, fertility, mood and muscle growth.

The latest artificial intelligence combined with innovative laboratory blood analysis means that you can now gain unparalleled scientific insight into your current health status and predicted health trends. Based on these results, you can take steps to implement dietary, lifestyle or supplementation changes and take charge of your future health.

Man Inspect is the test for you if:

- You are looking for a general overview of your health status including hormones
- You wish to identify areas of dysfunction
- You have a condition or symptoms that require a comprehensive investigation
- You have been experiencing a low sex drive, lack of energy or poor sleep

Key Man Inspect Biomarkers include:

- **Testosterone Total.** A sex hormone crucial for your long-term health. It plays a role in maintaining muscle and bone strength, increasing lean body mass and fat loss and improving energy, mood and fertility. Low testosterone is linked to diabetes, heart disease, and weak bones.
- **PSA Total.** Prostate specific antigen (PSA) is a protein produced by both normal and cancerous prostate cells. It's normal for all men to have some PSA in their blood. A high level of PSA can be a sign of cancer. But your PSA level can also be raised in prostate conditions that are not cancer (are benign) or if you have an infection.
- **ALP.** Alkaline Phosphatase is a zinc dependent enzyme which protects the intestinal tract from bacteria, aids digestion and provides bone support. It is also a good indicator of zinc deficiency and liver health. Poor liver health can lower your immunity and increase the inflammation in your body. This increases your risk of developing heart disease, diabetes, and kidney disease. Alcohol, carrying excess weight, an unhealthy diet, and certain medications can affect your liver function.
- **HbA1C.** This test measures your average blood sugar levels over the past 90 days, which is approximately the lifespan of a red blood cell. Optimal HbA1c levels are linked to a lower risk of type 2 diabetes and heart disease, as well as longevity.

Other key Biomarkers in this test:

ALP	Testosterone Free	Total T3
Creatinine	Homocystiene	Total T4
DHEA-Sulphate	Insulin (fasting)	TSH
Estradiol E2	Magnesium Serum	Vitamin B12
Fibrinogen	Progesterone	Vitamin D (25-OH)
Free T3	PSA Total	Iron
Free T4	Sex Hormone Binding Globulin	LH
HbA1c	Testosterone Total	FSH

Identify areas of dysfunction with advanced FDX technology, and restore optimal health and vitality.

functionaldx.com